

SUMMER 2020 - Menus 07/06-07/10

MENUS ARE SUBJECT TO CHANGE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

7-6 Chocolate Crescent Fresh Fruit Got Milk

Beef Sausage Pancake Sandwich Fresh Fruit Got Milk Blueberry Pancake Mini Bites SunCup Juice Box Got Milk French Toast Trio Fresh Fruit Got Milk

Fiesta Bean & Cheese Burrito Fresh Fruit Got Milk

7-10

LUNCH

7-6 WG Deep Dish Cheese Pizza OR Asian Chicken Salad, Crackers OR

Asian Chicken & Vegetable Stir Fry, Crackers
Yogurt OR
Roasted Sunflower Seeds
Applesauce Cup
Veggie
Got Milk

Cheeseburger Sliders Fresh Apple Slices Sweet Corn Veggie Got Milk

7-7

Chicken Bites & Corn Tortilla Chips Applesauce Cup Fresh Fruit Salsa Cup Got Milk

7-8

Turkey & Cheese Burrito String Cheese Fresh Apple Slices Veggie Got Milk 7-10
Chicken Drumstick & Potatoes OR
Caesar Chicken Salad OR
Caesar Salad Kit with String Cheese
Blueberry Muffin
Crackers
Frozen Juice Slush
Veggie
Got Milk

Posted 06/30/20

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students MUST take at least 3 components as part of their lunch.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

SFSP Field Trip Menu Options – 1. Yellow Submarine Sandwich, Baby Carrots, or Orange Medley, Fresh Fruit & Got Milk

2. Deli Turkey & Cheese Sandwich, or Orange Medley, Fresh Fruit & Got Milk 8

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